

COUNTY OF BERGEN

Department of Human Services

Division of Family Guidance

Contact:

Youth Resource Center

125 Essex Street

Hackensack NJ 07601

Phone: (201) 646-2769 or

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COUNTY OF BERGEN



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County Executive

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DIVISION OF FAMILY GUIDANCE

BERGEN COUNTY
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Need help?
Start here. **211**

YOUTH RESOURCE CENTER

OVERVIEW

We offer free after-school and summer programming for Bergen County youth age 13 through 18. The Center provides a safe environment, staffed by caring professionals.

Young people can develop positive relationships, make constructive use of their time, build skills, explore personal goals, and have fun during after-school and summer hours.

The Workforce Learning Link, a free literacy and GED program provided by Bergen One-Stop, is also available at the Center. It offers both morning and afternoon classes for 16 through 21 year olds.

ACTIVITIES

- Visual Arts
- Film Making
- Writing
- Acting
- Dance
- Music Studio
- Cooking
- Basketball/Volleyball/fitness
- Yoga
- Self Exploration & Leadership
- Trips & Special Projects
- Homework Help
- Employment Assistance
- Computer, Literacy, and High School Equivalency (GED) Lab

PROJECT LEAD

- A multi-level initiative that incorporates substance abuse prevention with leadership and presentation skills
- Prepares college mentors and youth leaders to educate younger teens and their families
- Utilizes original music, poetry, dance, film, acting and visual arts

COMMUNITY PARTNERS

- Bergen County Department of Human Services
- Division of Family Guidance
- Bergen One-Stop
- Bergen County Technical Schools
- Bergen County Special Service School District
- Bergen County Department of Health Services
- Bergen's Promise
- Bergen County Family Support Organization
- The Center for Modern Dance Education, Inc.
- Center for Alcohol & Drug Resources