



Helping Parents Help Their Children

The Parents' Empowerment Academy: Professional Parent Advocacy Training

Empowering the Parent Team

NJPC is offering a FREE five-week Professional Parent Advocacy Training program for parents, grandparents, foster parents, adoptive parents, and other caregivers raising children with emotional and behavioral challenges. Parents and caregivers attending the training are given the opportunity to strengthen their knowledge of the systems that serve their families, their rights and responsibilities within those systems and the advocacy, professional, and collaborative skills needed to successfully negotiate those systems. Parents will become better able to advocate for themselves and other parents in their communities, resulting in increased access to appropriate care and treatment for their children. Lunch will be served and transportation stipends are available.

Location: Alexander Hamilton Academy, 11-21 Sixteenth Ave., Paterson, NJ 07501
Time: 9:30am to 3:00pm
Instructors: Kelly Grieco, Director of Special Education Advocacy, NJPC
Karen Helmstetter, Director of Education Programs, NJPC
Kathy Wright, Executive Director, NJPC; Consultant, National Cultural Competency Center, Georgetown University; Consultant, National Technical Assistance Center for Children's Mental Health, Georgetown University
Barbara Ransom, Esq., Public Interest Law Center of Philadelphia

- November 17 Professionalism & Communication Skills
Empowering the Parent Voice: Motivation & Assertiveness
Conflict Resolution Skills & The Power of Persuasion
- December 1 Empowering vs. Enabling
Cultural Competency & Diversity in the Child-Serving Community
Understanding Childhood Mental Health Challenges/Disorders I
- December 8 Understanding Childhood Mental Health Challenges/Disorders II
Navigating the Special Education System & the IEP Process
Developing a Transitional Plan
IDEA – Individuals with Disabilities Education Act
NCLB – No Child Left Behind Act
- December 15 Collaborating with Agencies Dedicated to Children's Mental Health: Mental Health, Juvenile Justice, Child Welfare/DYFS, Special Education, Division of Developmental Disabilities, NJ Division of Child Behavioral Health.
Building Children's System of Care: An Overview for Families (Sheila Pires Primer)
- January 3 The Role of Agencies Dedicated to Children's Mental Health: Professional Panel
7:00pm to 9:00pm
- January 5 Empowering the Parent Trainer-Train the Trainer
- TBA Graduation

Empowering the Statewide Parent Movement

Parents and caregivers are encouraged to use their newly-trained skills to deliver Parent Advocacy Workshops in their local community with the support of NJPC and other certified parents throughout the state.

To register, or for additional information, call Kelly Grieco at 973-989-8866, fax the registration form to 973-989-8867, or email newjerseyparentscaucus@hotmail.com.

Name _____

Address _____

City, State Zip _____

Phone _____

Email _____

Parent _____

Provider/Professional _____